

NET Remedies®

#11 VISCERAL POLARITY®

#11 VISCERAL POLARITY® can be used for structural torquing or feelings of imbalance.

#11 VISCERAL POLARITY® is recommended for any physical imbalance or structural torque, as well as for mental or emotional confusion. Some of the direct physical indicators for this remedy are conditions associated with the brain, nerves, nervous tension, general spasm, pressure/tightness in internal organs, energy imbalances, or pulling in the muscles.

Common emotional correlations for this remedy are the 'shame' family of emotions, including feelings of false pride, humiliation, false self-assuredness, bashfulness, self-consciousness, and embarrassment. **#11 VISCERAL POLARITY®** can also be used for any feeling of disharmony.



TWISTED BODY FEELINGS? FORGETTING THINGS?



CAN ALSO OFFER RELIEF FOR THE SYMPTOMS OF:

- Physical twisting/torquing
- Mental confusion
- Nerve pain
- Lack of balance
- Uncoordinated movements
- Foggy thinking
- Stomach cramping
- Heartburn symptoms
- Hiatal Hernia, Acid Reflux
- Pain/pulling internally
- Female organ pain