#1 EARTH® can help with general problems in the mouth and digestive track.

#1 EARTH® is correlated with the acupuncturist’s ‘yellow’ Earth Element. The organ/meridians associated with the Earth Element are the Stomach, Pancreas and Spleen. Emotions associated with this element are low self esteem, over sympathetic, disgust, expanded importance of self, obsession, egotistic, despair, nervous, stifled, lives through others, over concern, hopelessness, lack of control over events, worried and distrust.

Direct physical indicators for this remedy are associated with the saliva, the mouth, lips, taste and fat storage. Also think of using #1 EARTH® with neck problems, as well as problems with blood sugar and digestion.

GAS, BLOATING, BURNING OR UPSET STOMACH?

NET Remedies® #1 EARTH®

Increased Appetite
Bad breath, belching
Cold sores on lips/mouth
Dry mouth or bitter taste
Mucus in the throat
Ringing in the ears
Bleeding gums
Upset stomach, nausea
Burning or ulcer symptoms
Bleeding gums
Weak immune system