

Kidney or bladder problems?



NET Remedies® **#3 Water**



**Swollen
spinal disc?**

#3 Water can help with kidney and bladder conditions, as well spinal disc problems.

#3 Water is one of the “Elementals,” and is correlated with the acupuncturist’s “blue” Water Element. The organs/meridians associated with the Water Element are the Kidneys and Bladder.

Direct physical indicators for this remedy are associated with the urine, ear, hearing and bones. If the Water Element is unbalanced, the entire spine is also in jeopardy.

Some of the emotions associated with the Water Element are paralyzed will, fear, miffed, timid, inefficient and dread. Also think of **#3 Water** for dehydration and burning-type pain.



Additionally, NET Remedies #3 Water can offer relief for the symptoms of:

- ◆ Burning pain or pain in general
- ◆ Ear and hearing conditions
- ◆ Eustachian tube problems
- ◆ Cold, numb feeling in extremities
- ◆ Swollen feet
- ◆ Inflammation of joints
- ◆ Spinal disc problems
- ◆ Kidney area pain
- ◆ Sensitivity to cold/dampness
- ◆ Urination problems
- ◆ Dehydration
- ◆ Aching bones

NET Remedies #3 Water Ingredients

Aconitum Napellus, Arsenicum Album, Borax, Calcarea Phosphorica, Gelsemium Sempervirens, Lycopodium Clavatum, Phosphoricum Acidum, Picricum Acidum, Plumbum Metallicum, Solidago Virgaurea.

If you have any questions regarding the use of this or any other NET Remedies products, please check with your practitioner.