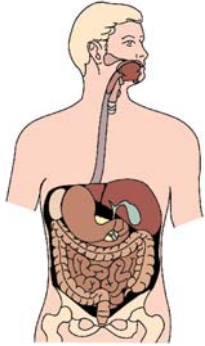
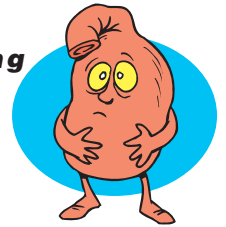


**Gas, bloating, burning  
or upset stomach?**



# **NET Remedies®** **#1 Earth**

**#1 Earth can help with general problems in the mouth and digestive track.**

**#1 Earth** is correlated with the acupuncturist's "yellow" Earth Element. The organ/meridians associated with the Earth Element are the Stomach, Pancreas and Spleen. Emotions associated with this element are low self esteem, over sympathetic, disgust, expanded importance of self, obsession, egotistic, despair, nervous, stifled, lives through others, over concern, hopelessness, lack of control over events, worried and distrust.

Direct physical indicators for this remedy are associated with the saliva, the mouth, lips, taste and fat storage. Also think of using **#1 Earth** with neck problems, as well as problems with blood sugar and digestion.



**Additionally, NET Remedies #1 Earth can offer relief for the symptoms of:**

- ◆ Increased Appetite
- ◆ Bad breath, belching
- ◆ Cold sores on lips/mouth
- ◆ Dry mouth or bitter taste
- ◆ Mucus in the throat
- ◆ Ringing in the ears
- ◆ Bleeding gums
- ◆ Upset stomach
- ◆ Burning or ulcer symptoms
- ◆ Frontal headaches
- ◆ Bleeding gums
- ◆ Mucus in the throat
- ◆ Nausea
- ◆ Weak immune system

## **NET Remedies #1 Earth Ingredients**

Aurum Metallicum, Argentum Nitricum, Causticum, Cinchona Officinalis, Condurango, Ceanothus Americanus, Euphrasia Officinalis, Fucus Vesiculosus, Gallicum Acidum, Iris Versicolor, Natrum Carbonicum, Nitricum Acidum, Phosphorus.

*If you have any questions regarding the use of this or any other NET Remedies products, please check with your practitioner.*