

NET Remedies[®] #21 Day Vitals

#21 Day Vitals is specifically formulated to enhance the body's natural healing process by stimulating integration and detoxification as it continues through its ongoing 24-hour meridian cycles.

Day Vitals and Night Vitals

should also be given along with other recommended formula(s). These two formulas are designed to enhance or "boost" the integration of any other indicated NET Remedies formulas as the body continues through its ongoing daily cycles.

EXAMPLE: When #8 Allergy is indicated because of allergy sensitivities, **Day Vitals** and **Night Vitals**

should be added for better integration and utilization of the Allergy formula as the body continues its processing.

NET Remedies # 21 Day Vitals Ingredients

Allium Sativum, Calcarea Phosphorica, Ceanothus Americanus, Condurango, Gambogia, Lycopodium Clavatum, Natrum Carbonicum, Senna, Silicea, Solidago Virgaurea, Spigelia Anthelmia, Veratrum Viride



#21 Day Vitals directly support the meridians that are most active during the day:

5-7am:	Large Intestine
7-9am:	Stomach
9-11am:	Spleen
11am-1pm:	Heart
1-3pm:	Small Intestine
3-5pm:	Bladder
5-7pm:	Kidney

It is usually best to take **#21 Day Vitals** and **#22 Night Vitals** together, at the same time. 9-12 sprays, 3 times a day of each formula is generally recommended.

If you have any questions regarding the use of this or any other NET Remedies products, please check with your practitioner.