

# Clinical Research In Homeopathy

Listed here are just a few of the thousands of available studies using homeopathic remedies that have been acquired over the last 200-plus years. Research is ongoing with more studies continuing to be published every year. Nuclear Magnetic Resonance testing showed that each and every one of the 23 different homeopathic remedies and potencies tested in the study had distinctive readings of submolecular activity, while the placebos did not. This demonstrates that homeopathy's function is not so much of a chemical nature, but rather more of an energetic nature.<sup>1</sup>

## Clinical Studies

In a time and age when medicines have a rapid turnover due to harmful side effects, homeopathy has stood the test of time. Pollutants and factors that influence the food we consume are also of major concern to the quality of our lives. Clinical evidence from a double-blind study showed significant improvement for patients suffering from rheumatoid arthritis. An impressive 82% of those given a homeopathic medicine experienced some relief, while only 21% of those given a placebo experienced any improvement.<sup>2</sup>

Another double-blind trial was conducted on patients with dental neuralgic pain following tooth extraction. People suffering from dental neuralgia were given a homeopathic remedy or a placebo. Of those given the placebo, only 40% experienced relief. Of those given the homeopathic remedies, an impressive 76% experienced relief of pain.<sup>3</sup>

A study using homeopathic support for allergies showed there was a significant effect on reducing the release of certain allergy-causing chemicals from basophils and other cells in the body in allergic patients.<sup>4</sup>

## Preventative Health Approach

Homeopathic intervention in pregnancy, birth and post-birth conditions has also been of interest to practitioners and patients. In a paper published in the Journal of Nurse-Midwifery, "Homeopathic Remedies in Prenatal Care," specific recommendations for treatment of leg cramps and other pregnancy-induced discomforts (such as anemia, herpes, nausea and hyperemesis, ptyalism, and pica) are discussed. The use of remedies to turn breech and other malpositioned babies prior to term is presented, as well as discussions on the induction of labor and homeopathic interventions for premature babies.<sup>5</sup>

Another study on the antiviral effect of homeopathic remedies found that eight out of the ten homeopathic remedies tested inhibited viruses in chicken embryos from 50 to 100%, depending on the potencies used.<sup>6</sup>

## References

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3. Henry Albertini, et al., "Homeopathic Treatment of Neuralgia Using Arnica and Hypericum," *Journal of the American Institute of Homeopathy*, 78 (September 1985): 126-128.
4. Jean Bolron, "The Effects of Hahnemannian Potencies 7c Apis Mellifica upon Basophil Degranulation in Allergic Patients, (Lyon: Boiron, 1983): 61-66.
5. Patty Brennan, BA, "Homeopathic Remedies in Prenatal Care," *Journal of Nurse-Midwifery*, 44, NO.3, (May June 1999), 291-299.
6. L.M. Singh and G. Gupta, "Antiviral Efficacy of Homeopathic Drugs Against Animal Viruses," *British Homeopathic Journal*, 74 (July 1985): 168-174.